4 May 17, 2012 Tower Talk

Rotary Club of Tysons Corner www.tysonsrotary.org

Officers, Directors, and Communication Functions

President RCTC Foundation Chair	Ingrid Parris-Hicklin Ronnie Chantker	udono21@aol.com rmccpa97@aol.com
President Elect	Mary Edwards	mary.edwards@bbandt.com
President Nominee	Timothy Long	tlong@abraxascorp.com
Secretary	Tony Rounds	trounds5050@gmail.com
Treasurer	Brian Mansir	bmansir@lmi.org
Sergeant-at-Arms	Richard Kaplar	kaplar@mediainstitute.org
RI Foundation Chair	Suzanne McDougall	spmcd@cox.net
Directors		
Club Service	Richard Lanier	lanierphoto@verizon.net
Community Service	Duane Dodwell	duane.dodwell@fairfaxcounty.gov
Vocational Service	William Schipper	wvschipper@yahoo.com
International Service	Timothy Long	tlong@abraxascorp.com
Communication Functions		
Program Chair	Richard Lanier	lanierphoto@verizon.net
Publicity Chair	Laurel Kent	laurel.kent@rbc.com
Communications Chair	Richard Kaplar	kaplar@mediainstitute.org
Tower Talk Co-Editors	Richard Kaplar Hunter Herron	kaplar@mediainstitute.org hunter.herron@comcast.net
Historian	David Danner	dldanner@ideamatics.net

Nearby Clubs

Monday	7:30 am 12:15 pm 12:30 pm 12:30 pm	Fair Lakes, Fair Lakes Hyatt Fairfax, American Legion Post 177, Fairfax City Alexandria West, Sheraton across from Steak & Ale Sterling, Logan's Roadhouse
Tuesday	7:30 am 12:00 pm 12:15 pm 12:30 pm	Burke, Brion's Grille McLean, Redeemer Lutheran Church Alexandria, Belle Haven Country Club Rosslyn/Fort Myer, Holiday Inn Westpark
Wednesday	7:30 am 7:30 am 12:15 pm 12:15 pm 12:15 pm	Crystal City/Pentagon, Crystal City Marriott Herndon, Amphora Diner Annandale, Squire Rockwell Reston, Hidden Creek County Club Vienna, Marco Polo Restaurant
Thursday	7:30 am 7:30 am 12:00 pm 12:15 pm 12:15 pm 6:30 pm	Great Falls, Riverbend Golf & Country Club (375 Walker Road) Tysons Corner, Tower Club (8000 Towers Crescent Dr., Vienna) Ashburn, 1757 Golf Club Arlington, La Cote D'or (2201 N. Westmoreland St.) Springfield, J.W. and Friends Restaurant (6531 Backlick Road) Falls Church, Harvest Moon Restaurant
Friday	7:30 am 7:30 am 12:00 pm	Bailey's Crossroads, Goodwin House (3440 S. Jefferson St., Falls Church) Dulles, Dulles Hilton Dunn Loring-Merrifield, Tower Club (8000 Towers Crescent Dr., Vienna)



The Weekly Journal of the Rotary Club of Tysons Corner

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Today's Speaker

Denise Bruner, M.D. Achieving Optimal Health

This morning we welcome Denise E. Bruner, M.D., who is a board-certified doctor in bariatrics (weight management), anti-aging medicine, and aesthetics. The topic of her presentation is "Do you know your numbers?"

Dr. Bruner is a second-generation physician practicing in Arlington. Like her father, Dr. Herman Bruner, she graduated from Howard University College of Medicine in Washington, D.C.

After completing her residency in internal medicine at D.C. General Hospital, she re-opened her late father's general medical practice in Arlington. Subsequently, Dr. Bruner pursued specialized training and certification in bariatric medicine, the branch of medicine that deals with obesity.

She served as president of the American Society of Bariatric Physicians from 1999 to 2002.



Foreign Expertise: PDG Bishnu Poudel shares a moment with his friend Robert Boggs after our May 10 meeting. Dr. Boggs is a professor at the Near East South Asia (NESA) Center for Strategic Studies and served 32 years in the State Department. Story on page 3.

Caribbean Partnership Plans July Celebration

PDG Horace McCormack is inviting Rotarians, family, and friends to take part in the Caribbean Partnership Celebration in Trinidad, West Indies, July 27-28, 2012.

The event for Rotary Zones 33 and 34 will take place at the luxurious Hyatt Regency Resort, Port of Spain, Trinidad.

"Conference Chairman Ian Gillette and his hard-working organizing committee are well into the planning for an exciting event with interesting and dynamic speakers," said PDG Horace, who is chairelect of the Caribbean Partnership. "This is a great opportunity to meet directly with potential Club and District leaders who are seeking to create partnerships with other clubs

Thursday Thought:

The greatest use of life is to spend it for something that outlasts it.

— William James

in the Caribbean and the Mainland, USA.

"This is where we learn about the various opportunities that exist in the Caribbean/USA and how we can participate in this process of partnering to create long-term relationships to perform international development work through joint projects," he said.

Early registration has been extended to May 31. Visit the event website at cpc2012.com to register.

With Our Sympathy

The Club extends its condolences to Past President Ronnie Chantker on the death of her father, Nathan Zaba, who passed away on May 7.

Services were held in Pikesville, Md., on May 10. Please keep Ronnie and her family in your thoughts and prayers. Contributions in memory of Mr. Zaba may be made to The Rotary Foundation or the charity of your choice.

Future Speakers

May 24	William Day	Children's World Peace
May 31	Shankar P. Sharma, Ph.D.	Ambassador of Nepal
June 7	David Quegg	Tibetan Children's Schools
June 14	Tyra Garlington	Classification Talk

A Diplomat's Perspective On Statecraft Today

Diplomacy is vital for maintaining world peace, but the U.S. State Department budget is only 2.2 percent as large as the Defense Department budget.

Dr. Robert K. Boggs, speaking at our May 10 meeting, said that if foreign aid is included, the total is still only 8 percent of the DOD budget. Americans think the United States gives away about 20 percent of its budget in foreign aid, but the true figure is less than 1 percent, he said.

Effective diplomacy requires maturation, time, and experience, said Dr. Boggs, who spent 32 years as a political officer.

The State Department has become a landlord for various U.S. agencies, he added, since only about 20 percent of personnel at U.S. embassies actually work for the State Department.

SAVE THE DATE...

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Saturday, May 19: District Leadership Training Seminar for incoming officers and directors.

Saturday, June 9: Brunch for incoming and outgoing Boards of Directors at home of Ingrid Parris-Hicklin.

Thursday, June 21: Installation Dinner for 2012-13 Club officers and directors at the Tower Club.

Friday, June 29: District 7610 Awards and Installation Banquet, Faquier Springs Country Club, Warrenton. Registration at 5:30 p.m., dinner at 6:30 p.m.

Last Week's Brain Teaser

Jo was 20 in 1980, but she was 15 in 1985. How is this possible? Answer: Jo was born in 2000 B.C.

Dinner Schedule for Alternative House

May 23	Tony Rounds	June 27	Dick Strean
May 30	James Maloney	July 4	Bill Schipper
June 6	Campbell Maloney	July 11	Ed Beck
June 13	Brian Mansir	July 18	David Danner
June 20	Tyra Garlington	July 25	Ingrid Parris-Hicklin

Dinner providers should call 703-356-6360 on the Tuesday before delivering dinner on Wednesday and ask the counselor on duty how many persons are expected to be present for the meal at 2100 Gallows Road, Vienna.

www.thealternativehouse.org